



GATEWAY COLLEGE

International Student Travel and Self-Isolation Guide

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Introduction

The Gateway College ensures the health and safety of all staff, students, and community by following the official guidelines set out by the Government of Canada, the Province of British Columbia; Vancouver Coastal Health Authority.

This document COVID-19 safety and response guidelines adopted from government documents by Gateway College intended to provide a comprehensive safety plan and support the return of international students. The intent is to mitigate risks associated with the COVID-19 pandemic.

Gateway College welcomes all international students who are joining in this pandemic situation. These guidelines are for all Gateway College international students who are currently outside of Canada and who were subject to July 22, 2020, Government of Canada travel restrictions for foreign nationals for non-essential discretionary travel. Now, these students are allowed who have valid study permits.

Due to the COVID-19 pandemic, if you are making plans to come to Canada, please let us know by emailing at info@gwcollege.ca. Your email must entail these documents;

- Copy of your valid study permit or IRCC Approval letter.
- Copy of your BC Self-Isolation Plan.
- Copy of your flight confirmation and travel itinerary.

As an international student, when you arrive in Canada, you must do the following;

A. Social/Physical Distancing:

Keep at least 2 meters between you and others. Avoid crowded spaces and places.

B. Quarantine (Self-Isolation):

Effective February 22, 2021 at 12 a.m. EST, in addition to providing a negative pre-departure COVID-19 test, **all students arriving in Canada must take two COVID-19 molecular tests** — one on arrival at the airport and another at-home test kit at the end of their quarantine period.

You are required to quarantine for three-nights in a government-authorized hotel (details on pages 5-6 of this document) while you wait for the first test result completed upon arrival at the airport. After receiving a negative result from your arrival Covid 19 test, you can relocate to pre-arranged accommodation of your choice to complete the remainder of your 14-day mandatory quarantine. You must wait to receive a confirmed negative result of your Day-10 test before you can end your quarantine period. Public Health Agency of Canada (PHAC) staff will be in contact with you to ensure compliance with testing requirements.

Please see the following link for further information on the Federal travel restrictions:

<https://travel.gc.ca/travel-covid/travel-restrictions/flying/covid-19-testing-travellers-coming-into->



[canada#register](#)

C. Isolate:

You must isolate if any of the following apply:

1. You have been diagnosed with COVID-19, or are waiting to hear the results of a lab test for COVID-19;
1. You have symptoms of COVID-19, even if mild;
2. You have been in contact with a suspected, probable or confirmed case of COVID-19;
3. You have been told by public health that you may have been exposed to COVID-19 or
4. You have returned from outside Canada with symptoms of COVID-19 (mandatory).

<https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases-maladies/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-eng.pdf>

D. Self-monitoring:

Check your health for possible symptoms of the COVID-19 include fever, dry cough, and or tiredness. Other less common symptoms include aches and pains, sore throat, diarrhea, conjunctivitis, headache, loss of taste or smell, a rash on the skin, etc.

If you require more information, please contact the local medical health officer.

Pre-Departure

- In Carry-on Luggage:

- Few masks, gloves, travel-size hand sanitizer, disinfecting wipes, and a thermometer.
- Passport
- Study Permit/IRCC Approval letter
- Custodianship documents (if applicable)
- Letter of Acceptance and Gateway College Essential Travel Letter
- Proof of pre-arranged accommodation document and contact information of Hotel/Home/Apartment/Host family.
- Download the ArriveCAN App (iOS and Android)

- In Checked-in Luggage:

- Pack of face masks- disposable or cloth
- Bottle of hand sanitizer
- Nitrile gloves
- Thermometer.

Pre-entry Test Requirements



All travellers 5 years of age or older, regardless of citizenship, must provide proof of a negative COVID-19 test result. At this time, proof of having a vaccine does not replace a valid test result.

You must:

- take the test within 72 hours of your scheduled flight departure time for your flight that lands in Canada
- provide one of the accepted types of tests, not an antigen test
- keep proof of your test results for the 14-day period that begins on the day you enter Canada

Airlines will refuse boarding to travellers who are unable to provide a valid molecular test result.

Pre-departure Protocol

Remember to inform the College about your arrival date before you leave for Canada so that College can re-confirm that you have received and understood your responsibilities with respect to Canada's international travel restrictions and your safe entry into Canada. Students must be responsive to contact from Gateway College. Students are welcome to keep in contact with the college by contacting info@gwcollege.ca

1. You must confirm and provide proof that you have purchased adequate Health Insurance, including COVID-19 health insurance. Please send your proof of health insurance to info@gwcollege.ca with a subject line: First, Last Name/DOB/Flight Arrival Date.
2. To submit travel info using ArriveCAN application is mandatory. You must download the ArriveCAN application for iOS or Android and create an account with all details of your trip. ArriveCAN must be used before you arrive in Canada to provide mandatory contact details and quarantine plan information.
3. You must obtain a negative laboratory Covid-19 test result to present to your airline prior to boarding a flight to Canada. The test must be performed using a Covid-19 molecular polymerase chain reaction (or PCR) test and **must be taken within 72 hours prior to your scheduled departure to Canada.**
4. You must book your room at a government-authorized hotel for three nights by calling prior to departure:

1-800-294-8253 (toll-free within North America)

1-613-830-2992 (collect outside North America)

5. If you are travelling by air, you need to pass a health check conducted by airlines before you are allowed to board your flight. Anyone who shows symptoms of COVID-19 will not be allowed to enter Canada by air.



Transit (Departure)

While in transit from your home country, during your flight, when at the airport, and when travelling to your temporary accommodation, you must follow these safety guidelines:

- Wear a suitable mask or face covering and wear gloves
- Practice physical distancing
- Carry hand sanitizer and wash your hands frequently
- Sanitize your personal space

Upon arrival at the airport in Canada

You must continue to follow the abovementioned safety guidelines. You are required to take a COVID-19 molecular test on arrival in Canada before exiting the airport, and another one at the end of our 14 day quarantine period. You must stay in the government-authorized hotel while awaiting the results of the first test result. You must present proof of having reserved and pre-paid for their accommodation through ArriveCAN. You will still be required to complete the remainder of the mandatory 14-day quarantine after their mandatory 3-day hotel stopover.

Testing after you enter Canada by air

On arrival to Canada and before leaving the airport, you will be required to take a [COVID-19 molecular test](#). Federal representatives at the airport will provide the day 10 molecular test and instruction at this time. You are required to complete the day 10 molecular test and wait for a negative test result before ending your quarantine period

Following the arrival test, you will need to go to your reserved hotel for 3 nights to await test results. You must stay in one of the government-authorized hotels listed below:

- [Days Inn by Wyndham](#)
- [Fairmont Vancouver Airport](#)
- [Four Points by Sheraton Vancouver Airport Hotel](#)
- [Radisson Vancouver Airport](#)
- [Westin Wall Centre Vancouver Airport](#)

How to book hotel

Bookings cannot be made directly with the hotel. If your flight to Canada is scheduled within the next 48 hours, call to reserve and pay for your mandatory 3-night hotel stopover:



- **1-800-294-8253** (toll-free within North America)
- **1-613-830-2992** (collect outside of North America)

Regular **hours of operation:** 8 am to 11 pm ET, 7 days a week. Calls received after hours will be limited to emergencies.

You'll be able to choose from the listed hotel locations and be required to provide:

- traveller name(s)
- date(s) of birth
- gender (male, female, or undisclosed)
- arrival city and date
- payment information
- special requests and accessibility concerns
- pet information
- email address

Travellers will receive an email confirmation of their accommodation within 4 hours of booking.

Costs of these hotel stopovers may vary by location. The price will include costs associated with:

- food
- room
- security
- transportation
- infection prevention and control measures

Transit from airport to quarantine location

Once you pass through Canadian Customs, retrieve your luggage and take a COVID-19 test, you will be able to transit to your reserved quarantine location approved by the government while waiting for the test result. You must continue to follow the safety guidelines during transit. Your hotel will be responsible to safely transport you from the airport to the hotel. Once checked into your room, you must contact the college and check-in. The student supervisor will ensure you have all the required quarantine essentials and will provide any missing items if needed. Do not hesitate to contact the College with any questions or concerns.

After 3 days, you can choose to complete your 14-day quarantine requirement in the same hotel or transit from the hotel to your chosen self-quarantine location to complete the remainder of your 14-day quarantine. Again, you must continue to follow the safety guidelines during transit.

Mandatory quarantine or isolation for travelers entering Canada

You must quarantine for 14 days (including a 3-night stay in a government-authorized hotel),



provide contact information, and monitor yourself for symptoms subject to any order made under the Quarantine Act imposing isolation or quarantine requirements upon entry.

You are required to self-monitor for symptoms of Covid-19 including taking your temperature daily. **You must check-in within 48 hours of arrival through the ArriveCan app or call 1-833-641-0343.** You must also report your symptoms through the ArriveCan App or call 1-833-641-0343 daily until the end of your 14-day quarantine.

You cannot leave your quarantine unit until you received a negative test result from the day 10 molecular test that you would have been given by the Federal representatives at their arrival airport upon first entering Canada unless you are directed by the public health office otherwise.

During quarantine, you will be regularly contacted by Gateway College's staff member to ensure you are safe and healthy. Please make sure you answer calls from 604-738-0285 and check your email regularly. If you have any questions or concerns during and after the quarantine period, please do not hesitate to reach out to us. You will also have an access to online orientation classes and virtual meetings to keep you engaged and meet potential future classmates and instructors.

Relevant information can be accessed on the following link;

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return>

Your compliance with the order is subject to verification and enforcement. Those in violation may face transfer to a quarantine facility as well as fines and/or imprisonment. Keep this instruction handout to support your compliance with the requirements outlined below.

- Ensure you have a suitable place of quarantine that has access to the necessities of life and is not shared with those at risk of more severe disease.
- Do not quarantine in places you can't separate yourself from those who live with you. For example:
 - in a group or communal living setting;
 - in a household with large families or many people;
 - in a shared a small apartment, or have roommates who have not travelled with you; or
 - at a camp, student dorm, or other group setting where there is close contact and shared common spaces.
- Go directly to your place of quarantine without delay and stay the first 3 nights in a reserved government-authorized hotel until the first test result comes back, then complete the remainder of the mandatory 14 days quarantine period in the suitable facility of your choice until the Day-10 test result comes back negative.
- You must wear a suitable non-medical mask or face covering while in transit unless you are alone in a private vehicle.



- Keep physical distancing at all times at least 2 meters.
- Where possible, use only private transportation such as a private vehicle to reach your place of quarantine.
- Avoid contact with others while in transit:
 - Remain in the vehicle as much as possible;
 - If you need gas, pay at the pump;
 - If you need food, use a drive-through;
 - If you need to use a rest area, put on your mask, and be mindful of physical distancing and good hygiene practices.

Please keep The Government of Canada - Coronavirus disease (COVID-19) handout as a reference. Attached at the end.

Temporary Quarantine Accommodation Options AFTER a 3 night stay in a Government-authorized Hotel

Just for information, these are few places providing quarantine facilities for you to complete the required quarantine period. Students may do their own research to find a suitable place for them.

HOTEL	RATE/FEES	ADDRESS	WEBSITE
Sheraton Vancouver Airport Hotel	\$205.00 per night (CAD)	7551 Westminster Highway, Richmond, British Columbia V6X 1A3 Canada	https://www.marriott.com/hotels/travel/yvrvs-sheraton-vancouver-airport-hotel/
Vancouver Airport Marriott Hotel	\$215.00 per night (CAD)	7571 Westminster Highway, Richmond, British Columbia V6X1A3 Canada	https://www.marriott.com/hotels/travel/yvrsv-vancouver-airport-marriott-hotel/
Ramada Langley Surrey Hotel	\$111.30 per night (CAD)	19225 - Highway 10 (56th Ave) Surrey, BC V3S 8V9	https://www.ramadalangleysurrey.com/
YWCA Hotel Vancouver	\$75 plus tax per day	733 Beatty Street, Vancouver	https://ywcavan.org/hotel/self-quarantine
Radisson Vancouver Airport	\$115 plus tax per night. Minimum 14-day stay.	8181 Cambie Road, Richmond	https://www.radissonhotels.com



Westin Wall Centre (Vancouver Airport)	\$129/night. Minimum 14-day stay.	3099 Corvette Way, Richmond	https://www.marriott.com
Exchange hotel	\$89 per night. Minimum 14-day stay	475 Howe Street, Vancouver	https://www.exchangehotelvan.com

How do I get from YVR Airport to the Government-authorized Quarantine Hotel location and other Quarantine Accommodation after the first three days?

Your hotel is responsible to transport you from the Airport to the hotel safely. After 3 night stay at the authorized hotel is over and received a negative test result, you can transit to your arranged accommodation to complete the remainder of the 14-day quarantine. The following information may help you.

1. Vancouver Airport or your hotel has free Wi-Fi, that you may join.
2. Download and follow instructions of a Ride App e.g., Uber & Lyft to request a ride.
3. If you want to hire a cab, follow the Taxi signs, line up in the designated zone.
4. It is important not to use public transport e.g., bus or Skytrain.

Daily Supplies, Groceries and Foods

There are many options for the online delivery of food. You can order daily supplies, groceries, and food delivery online. For your information, few business names are provided below. Or you may talk to the front desk at your quarantine place. If your hotel or other accommodation does not provide food services during your quarantine and you do not have anyone to help to drop off groceries or pick up the things you need, then please let the College know at info@gwcollege.ca or 604-738-0285 and your advisor will support you.

Daily Supplies and Groceries:

- Save on Foods
- T&T Supermarkets
- Walmart
- Real Canadian Superstore

Foods:

- UberEats
- Skip the Dishes
- Doordash



Ending your Quarantine/Self-Isolation

You must receive a confirmed negative Day-10 molecular test result before you can end your 14-day mandatory quarantine. The Public Health Authority of Canada (PHAC) will be in contact with you to ensure compliance with testing requirements. You will be able to transport to your post quarantine accommodation once you are cleared and complete your quarantine.

While studying in Canada

Please be mindful of public health directives and stay home if you are sick. Always maintain physical distancing, wear a mask when interacting with people and while on campus. Practice good hygiene and limit unnecessary physical contact with others as much as possible.

You must follow Gateway College's safety and campus access protocol at all times while on campus. Please read Gateway College's [Covid-19 Safety and Exposure Control Plan](#) and be familiarize yourself with policies and students' responsibilities.

Covid-19 Campus Access Protocol

We are excited to welcome you back to campus. To prevent the spread of COVID-19 and to reduce the potential risk of exposure, please read the following procedures BEFORE you come to the site. Complying with Gateway College's safety protocol is in the interest of maintaining a safe campus for students, employees, and visitors and is consistent with the requirements of WorkSafeBC.

1. When you enter the building you will see the hand sanitizing section in front of the restaurant on your right. Please use hand sanitizer.
2. Elevator access will be available from 8:30 am. Hand Sanitizer is also available in the elevator. Please limit two people per elevator at a time.
3. When you are on the 7th floor, make sure you keep a 2-metre or 6-foot distance when lining up to check-in.
4. Must bring a mask(s) and wear a mask while on campus.
5. Everyone is required to check-in before entering the unit.
6. During checking, you will be asked to complete a [Gateway College Campus Access Screening Questionnaire](#) (attached file) for COVID-19. Bring your pen to log in and do not share the pen.



You do not need to print the questionnaire. Copies will be ready for you to complete for daily check-in.

7. The temperature will be checked at this time as well before you can enter the unit. The temperature must be below 38C (100.4F) to access the site.
8. The check-in time is from 8:45 am to 9:00 AM. So arrive early so you won't be late for your class.
9. Once you enter, you will find a hand sanitizing section near the water fountain. Feel free to use them as needed. You will also see a spray bottle containing alcohol to sanitize any surface as needed.
10. Most importantly, please stay home if you have any of the conditions described in the attached Gateway College Campus Access Screening Questionnaire applied to you, and contact the College to inform us.
11. If you think you have been exposed to COVID-19 please contact 8-1-1.



Support for Travelers Self-Isolation Plan



Support for Travellers Self-Isolation Plan

PRIMARY CONTACT INFORMATION

First Name (primary contact)	Last Name (primary contact)	Date of Birth (yyyy / mm / dd)	
Phone Number	Email (optional)		
Home Address	City	Province or Territory	Postal Code

TRAVEL INFORMATION

Are There Additional Travellers in Your Group? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes → Number of additional travellers in your group: _____	ADDITIONAL TRAVELLERS (please list all additional travellers)		
	First Name	Last Name	Date of Birth (yyyy / mm / dd)
Arrival Date (yyyy / mm / dd)			
Arrival By <input type="checkbox"/> Air <input type="checkbox"/> Sea <input type="checkbox"/> Ground			
Airline / Flight Number (if applicable)			
Arrival From (City, Country)			

SELF ISOLATION PLAN

Do you have accommodation arranged for your self-isolation period? <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, which city will you be isolating in?
If Yes, what is the address where you'll be staying?	
If Yes, isolation type? <input type="checkbox"/> Private Residence <input type="checkbox"/> With Family <input type="checkbox"/> Commercial (hotel)	
Do you need accommodation assistance to self-isolate from anyone who is over 60 years old or who has heart disease, high blood pressure, asthma or other lung disease, diabetes, cancer, immune suppression or is taking prednisone medication? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Are you able to make the necessary arrangements for your self-isolation period? (e.g. food, medication, child care, cleaning supplies, pet care). <input type="checkbox"/> Yes <input type="checkbox"/> No	
What form of transportation will you take to your self-isolation location? <input type="checkbox"/> Personal Vehicle <input type="checkbox"/> Public Transportation <input type="checkbox"/> Taxi or Ride Share	

CERTIFY DECLARATION

<input type="checkbox"/> I certify this to be accurate
--

Proceed to the provincial check point, if available at your location, where you may be asked to confirm how you will comply with the provincial order to self isolate.

Collection Notice

Your personal information as well as those of your household is collected by the Ministry of Health under the authority of sections 26(a), (c), (e) and s. 27(1)(a)(iii) of the Freedom of Information and Protection of Privacy Act, the Public Health Act and the federal Quarantine Act, for the purposes of reducing the spread of COVID-19. Personal information may be shared with personnel providing support services and follow-up during self-isolation. Should you have any questions or concerns about the collection of your personal information please contact:
Title: Ministry of Health, Chief Privacy Officer
Telephone: 236-478-1666

HLTH 8100p 2020/04/16



Government of Canada - Coronavirus disease (COVID-19)



Coronavirus disease (COVID-19)

You may have come into contact with the virus that causes COVID-19

Mandatory quarantine

The Government of Canada has put in place emergency measures to slow the introduction and spread of COVID-19 in Canada. You **MUST QUARANTINE for 14 days**, provide contact information and monitor yourself for symptoms subject to any Order made under the Quarantine Act imposing isolation or quarantine requirements upon entry.

Your compliance is subject to verification and enforcement. Those in violation may face transfer to a quarantine facility, as well as fines and/or imprisonment. Keep this instruction handout to support your compliance with the requirements outlined below.

- Ensure you have a **suitable place of quarantine** that has access to the necessities of life and is not shared with those at risk of more severe disease.
- **Do not quarantine in places you can't separate yourself** from those who live with you. For example:
 - in a group or communal living setting;
 - in a household with large families or many people;
 - in a shared small apartment, or have roommates who have not travelled with you; or
 - at a camp, student dorm or other group setting where there is close contact and shared common spaces.
- **Go directly to your place of quarantine** without delay and stay there for 14 days from the date you arrived in Canada.
- You **must wear a suitable non-medical mask or face covering** while in transit, unless you are alone in a private vehicle.
- **Practise physical distancing** at all times.
- **Where possible, use only private transportation** such as a private vehicle to reach your place of quarantine.
- **Avoid contact with others** while in transit:
 - Remain in the vehicle as much as possible;
 - If you need gas, pay at the pump;
 - If you need food, use a drive through;
 - If you need to use a rest area, put on your mask and be mindful of physical distancing and good hygiene practices.

Some provinces and territories have additional travel restrictions

Please refer to the list of provincial and territorial websites on the back of this handout for more information.

You MUST monitor your health for 14 days

If you start experiencing any symptoms of COVID-19 (new or worsening cough, shortness of breath, fever equal to or greater than 38°C, chills, fatigue or weakness, muscle or body aches, new loss of smell or taste, headache, gastrointestinal symptoms like abdominal pain, diarrhea, vomiting; or feeling very unwell):

- Isolate yourself from others;
- Follow the COVID-19 instructions of the local public health authority (see back for contact information).

The 14-day period starts again if, during your quarantine period, you develop any signs and symptoms of COVID-19, including those noted above, or if you are exposed to another person subject to these Orders who exhibits signs and symptoms or tests positive for COVID-19.

- For information on flights, cruise ships or trains (any public conveyance) where you may have been exposed to COVID-19 during recent travel, please refer to www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/exposure-flights-cruise-ships-mass-gatherings.html
- For information on risk factors for increased exposure to COVID-19 and/or more severe disease or outcomes please refer to www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html



To help reduce the spread of COVID-19



Go directly to your place of quarantine, and avoid making any stops while in transit.



Check-in within 48 hours of arrival through the ArriveCAN app, online at <https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca> or call 1-833-641-0343.



Report your symptoms through the ArriveCAN app, online at <https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca> or call 1-833-641-0343 every day until the end of your 14-day quarantine.

What you can and cannot do during your 14-day quarantine

PROHIBITED during quarantine

- x You may not leave your place of quarantine unless it is to seek time-sensitive medical services, or you have received authorization for a limited release from quarantine on compassionate grounds and stringently follow directives provided.
- x You may not have any guests even if you are outside and stay 2m apart from them.
- x Do not use shared spaces such as lobbies, courtyards, restaurants, gyms or pools.

PERMITTED during quarantine

- In your place of quarantine you may:
- Live with family/friends who have not travelled with you provided you have a separate bedroom and bathroom, if possible.
 - Use shared spaces such as a kitchen, provided you:
 - limit interactions with others in the household and wear a mask or face covering if a 2m distance cannot be maintained;
 - thoroughly and regularly clean common areas after use.
 - Use private outdoor spaces (i.e. balcony)

RECOMMENDED during quarantine

- Wash your hands often with soap and warm water or use an alcohol-based hand sanitizer containing at least 60% alcohol.
- Avoid touching your face.
- Cover your mouth and nose with your arm when you cough or sneeze.

You will be called from 1-888-336-7735 to verify your compliance during your 14-day quarantine. Note that you may also be contacted by provincial/territorial authorities throughout your 14-day isolation. If federal and provincial/territorial guidelines differ, you should follow the most precautionary and stringent requirements.

Public Health Authorities

Provinces and territories	Telephone number	Website
British Columbia	811	www.bccdc.ca/covid19
Alberta	811	www.myhealth.alberta.ca
Saskatchewan	811	www.saskhealthauthority.ca
Manitoba	1-888-315-9257	www.manitoba.ca/covid19
Ontario	1-866-797-0000	www.ontario.ca/coronavirus
Quebec	1-877-644-4545	www.quebec.ca/en/coronavirus
New Brunswick	811	www.gnb.ca/publichealth
Nova Scotia	811	www.nshealth.ca/public-health
Prince Edward Island	811	www.princeedwardisland.ca/covid19
Newfoundland and Labrador	811 or 1-888-709-2929	www.gov.nl.ca/covid-19
Nunavut	1-867-975-5772	www.gov.nu.ca/health
Northwest Territories	811	www.hss.gov.nt.ca
Yukon	811	www.yukon.ca/covid-19

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For more information: ☎ 1-833-784-4397 @ Canada.ca/coronavirus



Gateway College Campus Access Screening Questionnaire



Campus Access Screening Questionnaire

Your Name (Print Name Clearly)	
Your Phone Number	
Purpose of Visit	Class / Work / Visit
Date of Visit	
Temperature (Must be less than 38C or 100.4F): Official Use Only	

1. Are you experiencing any of the following flu-like symptoms unrelated to seasonal allergies?

- Fever or chills
- Cough (new or worsening)
- Difficulty breathing or shortness of breath (new or worsening)
- Sore throat/painful swallowing
- Headache
- Stuffy or runny nose
- New loss of sense of smell or taste
- Nausea, vomiting and/or diarrhea
- Chest pain or pressure
- Loss of speech or movement
- Malaise (severe fatigue, muscle aches, feeling of being unwell)

Yes No

2. Within the last 14 days, have you:

- Traveled to any country outside of Canada (including the United States)?
- Been in close contact with a person who has an acute respiratory illness and traveled outside of Canada in the last 14 days?
- Been in close contact with someone who has a confirmed or probable case of COVID-19?
- Been told to self-isolate in accordance with Public Health directives?

Yes No

If you answered YES to any of the above questions, please do not enter the campus.

If you think you have been exposed to COVID-19 please contact 8-1-1.

If you replied NO to all of the questions, you will still be required to follow the direction and recommendations provided by the BC Public Health Officer and WorkSafeBC.